

ON-LINE SELF STUDY EXAM FORM

In order to receive CE credit, each participant is required to:

Read the related continuing education article.

Complete the exam by circling the chosen answer for each question. Be sure to answer all questions and to give only one response per question unless otherwise stated in the question. Unanswered questions will be marked as incorrect.

Complete the evaluation form.

Mail or fax the original or a photocopy of the signed exam page and the completed evaluation form for each article that credit is requested for, along with a \$25.00 fee to:

American Psychotherapy Association
Attn: CE Department
2750 East Sunshine
Springfield, MO 65804.

OR Fax to: 417-823-9959

If the exam is passed with a grade of 70 percent or above, a certificate of completion for 1.0 continuing education credit will be mailed. The participants that do not pass the exam are notified as such and will have a second opportunity to complete the exam. Any questions, grievances or comments can be directed to the CE Department at telephone (417) 823-0173, Fax (417) 823-9959, or email: cedept@americanpsychotherapy.com.

Continuing education credits for participation in this activity may not apply toward license renewal in all states. It is the responsibility of each participant to verify the requirements of his/her state licensing board(s).

Article: "**Cyber-Psychotherapy**"

Learning objectives:

1. To provide psychotherapists with a broad understanding of the practice of cyber-therapy.
2. To provide psychotherapists with an understanding of ethical issues in cyber-therapy.
3. To increase psychotherapists' knowledge of the potential benefits of e-therapy.
4. To increase psychotherapists' knowledge of the potential risks of e-therapy.
5. To provide psychotherapists with current resources on e-therapy.

Exam: Please circle the chosen answer for each question. Be sure to answer all questions and give only one response per question unless otherwise stated in the question.

1. What is the greatest risk of cyber-therapy?
 - a. Inability to protect confidentially
 - b. Misunderstanding cultural nuances
 - c. Inability to adequately prevent suicide
 - d. Inability to view non-verbal feedback
2. Cyber-therapists can ensure confidently 100% of the time when counseling online.
 - a. True
 - b. False
3. Choose from the list the professional organizations that have taken steps to develop ethical standards for web-counseling:
 - i. The American Psychological Association (APA)
 - ii. The American Counseling Association (ACA)
 - iii. The American Gerontology Association (AGA)
 - iv. The National Board of Certified Counselors (NBCC)
 - a. ii, iii, and iv
 - b. i, ii, and iv
 - c. iii and iv
 - d. i, ii, iii, and iv

4. Cyber-therapists offer a range of psychological services via the Internet; which service is NOT performed by cyber-therapists?
- Psychological assessment
 - Interactive psychotherapy
 - Educational counseling
 - Massotherapy
5. Cyber-therapists are able to perform e-therapy in any state as long as they are licensed in their home state; therefore, they are not subject to any other state guidelines or regulations of officiating, licensing, and legislating bodies.
- True
 - False

Evaluation: (1-3 rating section) Please circle one

(1=Poor 2=Satisfactory 3= Excellent)

- The author presented material clearly. 1 2 3
- The stated learning objectives were met. 1 2 3
- New knowledge or technique was gained. 1 2 3

Comment section:

4. What change(s) do you plan to make in your practice as a result of reading this article? _____

5. Additional comments: _____

Statement of completion: I attest to having completed the CE activity myself.

Signature Date

Name: _____

Fax number: _____ Phone number: _____

Address: _____

Email: _____

Method of Payment:

Each completed course is \$25 for APA members and \$35 for non-members.

Credit Card (select one) American Express MasterCard Visa

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